

Effective Date 7/1/2026	Health Plan Core HMO	Ref RQ-212189
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$4,500 per calendar year Family deductible: \$7,350 per calendar year Until the total family annual deductible is met, benefits will not be provided for any family member
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 70%, you pay 30%
Out-of-pocket limit	Individual out-of-pocket limit: \$6,750 Family out-of-pocket limit: \$7,900 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services If enrolled on the family plan you must meet the family out-of-pocket maximum
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: No copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic and/or brand Deductible and coinsurance applies. Certain preventive medications are covered in full.
Prescription mail order	3 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies	Covered at 50%, deductible applies
<ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$0 copay Deductible and coinsurance apply
Hearing exams (routine)	No copay, deductible and coinsurance apply
Hearing hardware	1 aid per ear every 36 months; 50% Coinsurance, Deductible applies
Home health services	No visit limit, deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full after annual deductible has been satisfied
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Women's sterilization is covered as preventive, and Men's sterilization is covered in full after the annual deductible has been satisfied.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	No copay, deductible and coinsurance apply
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Deductible applies